Our mission is to provide outstanding health education to our students, preparing them for a successful and fulfilling career; and to provide our ever changing society with highly educated, professional and effective practitioners able to meet its health and wellness needs.
ACNT was the first college in NSW to gain VETAB Accreditation for a natural therapies course, and has been a leading provider of health, wellness and beauty education since 1982. The need for developing a solid complementary health college was largely due to the increase in public awareness, with more than 25% of the population seeking natural therapies as a source of wellness.

The term ‘health and wellness’ incorporates modalities such as manual therapies (Massage:- Aromatic, Remedial, Swedish and Sport), and Natural Therapies (Naturopathy, Homoeopathy, as well as Western Herbal medicine, Nutritional medicine and Aromatic medicine). Recently ACNT has branched out into an exciting new area of vocational courses in Sport and Fitness.

The college has established relationships with all major industry associations and professional groups. This provides us with up to date and relevant industry trends and information, which ensures all our courses are current and in line with industry needs. All our courses involve a ‘hands on’ practical industry focus. We ensure students graduating from ACNT have the opportunity to develop skills relevant to their chosen profession.

The energy dedicated by ACNT staff maintains a high level of student support and provides a dynamic learning experience for all students. We welcome students from many countries around the world and this brings a unique international and multicultural experience to all studying at ACNT.

The college fosters an exceptional passion for being associated with exciting industry trained lecturers, latest delivery methods, and quality material.
Martin Kincade  
Head of Academic Studies:  
Manual Therapies

Martin has over 8 year experience working in the field of massage. Originally from the UK, massage was a bit of hobby for Martin until he came to Australia in 2003. Looking for a change of direction he decided to further pursue his interest in massage therapy and set his sights on ACNT.

“After a brief interview I was amazed at the detail, knowledge and skills that the courses offered and was very excited about the prospect of turning massage into a career.”

Martin graduated from ACNT in February 2007 and has been a practicing therapist for the past 4 years working closely alongside some of Sydney’s best Osteopaths and Chiropractors in the treatment of athletes and everyday sports enthusiasts; specialising in remedial massage, trigger point therapy and deep tissue techniques.

Martin also holds a Bachelor Degree in Business and Marketing and has worked as an operational manager for over 12 years. Having taught at ACNT for the past 12 months and becoming involved in course development, it was a natural progression for Martin to join the management team at ACNT.

“I am very excited about my role as Head of Academic Studies at ACNT, as this allows me to utilise my many years of experience in business management and massage therapy with my passion for education to really drive forward the field of manual therapies.”
One of Australia’s largest colleges in complementary health and wellness.

Established in 1982, Australasian College of Natural Therapies (ACNT) has grown from a single classroom training facility to one of Australia’s largest colleges in complementary health and wellness.

Recognised and accredited by many prestigious industry and government organisations, ACNT today, educates over 1,500 students each year equipping them with the necessary knowledge and skill-sets to commence a successful career in this lucrative and exciting industry.

ACNT offers a comprehensive range of professional courses, taught by experienced industry practitioners. The high standard of education, delivery methodology coupled with industry standard practical facilities and friendly staff is just a few reasons why students from all corners of the world choose ACNT for their education and training needs.

The College occupies eight stories across two buildings in the heart of Sydney and one building in the heart of Brisbane. Within Sydney and Brisbane there is a comprehensive student library, audio-visual study facilities and student clinic. In addition, Sydney also houses a bookstore and the infamous Nourish Café.

As one of the leaders in natural therapy education in Australia - the College was a founding member of the Australian Traditional-Medicine Society (ATMS).

Our greatest reward is seeing our students become graduates, and our graduates entering the workplace to help their patients, treating them as a whole person, effectively and safely.

In September 2007, ACNT joined Think: Education Group and entered a new era of growth and expansion.

History
1982 - College is established in Bondi, NSW
1984 - Became one of the founding members of ATMS
1993 - Became the first college to be accredited for the Advanced Diploma of Naturopathy
1997 - The Surry Hills campus is opened
2006 - Completed the Surry Hills campus expansion into the adjacent building on two levels.
2007 - Think: Education Group acquired ACNT
2009 - Our Brisbane campus situated in Fortitude Valley is opened

“ACNT has given me the opportunity to travel and see many parts of the world. I will always be grateful to ACNT for both providing the professional qualifications, and having such a comprehensive ‘job finder’ section on their website. If it were not for this level of professionalism, I’m sure I would not have been considered for a world-class career or have found such a wonderful journey to embark upon.”

Natalie Lindenau
ACNT Graduate, Remedial Massage
WHY CHOOSE US?

As one of Australia’s leading education providers of health and wellness, there are many exciting reasons to choose ACNT.

Long-standing history
Established in 1982, ACNT has been offering high standards of education for over 27 years.

Leading educators
Our comprehensive range of professional courses are taught by experienced industry practitioners who have their finger on the pulse.

Get noticed with an ACNT qualification
ACNT courses are recognised and accredited by many prestigious industry and government organisations. For detailed information please refer to page 6.

Comprehensive portfolio of courses
Here at ACNT, we offer a wide range of courses in all disciplines of natural medicine, manual therapies and fitness in Australia.

Great reasons to study with ACNT

Hands-on focus
We place a high emphasis on practical training. That’s why we have a student clinic, a dispensary, and even spa facilities at our Sydney campus that are on par with the industry. You will practice your skills on real patients and work on real cases to help boost your professional experience.

Pathways to university
It’s handy to know that we have degree pathways with Australian universities to help grow your career even further.

Melting pot of cultures
At ACNT you learn alongside students from all around the world, which makes for a truly inspiring, multicultural environment.

Small is better
You’ll love our small class sizes as it allows for more one-on-one contact with your lecturer. We also have a dedicated team of friendly student services staff to assist you during your studies.

Central locations
Both of ACNT’s campuses in Sydney and Brisbane are situated in convenient locations, they are close to all modes of transport. Surry Hills (Sydney) and Fortitude Valley (Brisbane) are trendy suburbs close to the city centres.

Study now pay later
Our Diploma and Advanced Diploma courses are also VET FEE-HELP approved for Australian students.

Student support services
We have a Student Support Department that assists with personal and welfare issues relating to your studies, including:
- Confidential, free counselling for personal problems and maintaining attendance
- Referrals to outside services and agencies.
- Assistance with the grievance and appeals processes
- Advice for students with a disability.
In 1993 ACNT was the first college in New South Wales to gain government accreditation for the full-time Advanced Diploma of Naturopathy course. This accreditation was a major breakthrough for the natural therapies profession.

Since 2003 ACNT has continued to gain accreditation for many of its professional courses in line with industry needs. ACNT programs are recognised by Australian and international associations such as ITEC and IFA.

**Accrediting Associations**
  The Australian Traditional-Medicine Society (ATMS) is Australia’s largest professional association of complementary medicine practitioners, representing about 65% of the total complementary medicine profession.

  The NHAA has been representing herbalists and naturopaths since 1920. Their support for students and practitioners includes a world-class journal, seminars and international conferences, and representation at the government level.

- International Therapists Examination Council (ITEC) – [www.itecworld.co.uk](http://www.itecworld.co.uk)
  ITEC is the largest international examination board offering a variety of qualifications worldwide. ITEC qualifications are supported by industry and are easily transportable nationally and internationally.

- International Federation of Aromatherapists (IFA) – [www.ifaroma.org](http://www.ifaroma.org)
  The International Federation of Aromatherapists (IFA) is the longest established organisation for professional aromatherapists in the world.

**Main Practitioner Associations**
- Australian Association of Massage Therapists (AAMT)
- Australian Remedial Masseurs
- Lymphoedema Association of Australia (LAA)

**Additional Information**
- Industry accreditation is additional and not recognised within the Australian Qualifications Framework.
- Industry accreditation may be subject to change. It is therefore recommended that prospective students check with the relevant industry body regarding current accreditation details.
- Industry accreditations and health fund recognition may be dependent on the delivery mode chosen.

Get the most out of ACNT with our industry recognition

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*Image: People studying and reading educational materials.*
What is IFA?
IFA is a UK based international association of aromatherapists. The IFA Diploma of Aromatherapy is an internationally recognised aromatherapy qualification allowing graduates immediate recognition in international hotels, spas and clinics throughout Europe as well as Asia.

Course overview
This preparation course is conducted as an optional add-on for aromatherapy students. The course covers all the theoretical and practical knowledge required to successfully pass the IFA examinations. Courses are assessed internally through a range of assessments – from written assignments to practical demonstrations. Final assessments are conducted by an external examination by the accrediting body.

Entry requirements
This course is available to students currently studying HLT42707 Certificate IV in Aromatherapy full-time on-campus in Sydney.

What is ITEC?
ITEC is the UK based examination board offering a wide range of qualifications which are recognised worldwide.

Currently, ITEC provides over 35 qualifications accredited by the UK government and registered on the National Qualifications Framework in the UK.

These qualifications are accepted by industry in the UK and internationally providing an "international qualifications passport" for graduates easily recognised by employers worldwide.

ACNT is an accredited ITEC examination centre offering a staggering 11 examinations in the area of massage, fitness and business including:

Level 2
- Diploma in Fitness Studio Teaching
- Diploma in Gym Instruction

Level 3
- Diploma in Anatomy and Physiology
- Diploma in Aromatherapy
- Diploma in Diet & Nutrition for Complementary Therapists
- Diploma in Holistic Massage
- Diploma in Lymphatic Drainage Massage
- Diploma in Stone Therapy Massage
- Diploma in Personal Training
- Diploma in Sports Massage
- Diploma in Business Competence.

Please contact ACNT for pre-requisites and examination dates, and ITEC (www.itecworld.co.uk) for more information on the various qualifications.

Please note: These certifications and examinations are not recognised within the Australian Qualifications Framework.
Sydney campus
57 Foveaux St,
Surry Hills, NSW Australia 2010

Our campus is located in the heart of Surry Hills, an inner Sydney suburb that has long been a melting pot that sums up Australia’s magical mix of cultures, heritage and entrepreneurial spirit. Just a short, three-minute walk to trains and buses at Sydney’s busy Central Station, ACNT is close to the Sydney city hustle and bustle. You will find a mixture of business offices as well as residential buildings, eateries and shops nearby. Today the main image is “chic” and “metro” but Surry Hills is known for its strong sense of community.

If you’re new to Sydney, you can expect a warm welcome. Sydney is a safe and friendly city with pristine beaches, gorgeous harbour side parks and possibly the most varied cuisine in the world. With the Pacific Ocean in the east and the Blue Mountains in the west, Sydney offers you a wealth of exciting opportunities just waiting to be discovered.

Brisbane campus
10 Costin Street,
Fortitude Valley, QLD Australia 4006

ACNT Brisbane is located in Fortitude Valley which hugs Brisbane’s CBD fringe.

The campus is close to all public transport, the famed Brisbane River, and a stones throw to Brisbane city centre. Queensland is Australia’s fastest growing state, and with this comes many new projects and business innovation opportunities.

You’ll love Brisbane and the valley, with its balmy year-round weather, extensive riverside parks, passion for sport, culture and outdoor events as well as being situated only one hour away from the beautiful Sunshine and Gold Coasts.
STUDENT EXPERIENCE
OUR CAMPUSES

Sydney campus
The Sydney campus is a fantastic, fun and interactive place to study. There are many great opportunities to experience while on campus.

You can make an appointment at any one of our Student Clinics ranging from massage to aromatherapy.

If you feel like a break, head to the student common areas. Or if it’s information you need, our campus library is open and packed full of books, magazines, publications, CDs and DVDs and students also have access to an extensive online library, including the GALE collections. Additionally, our library includes a computer lab that makes surfing the net or researching your assignments much easier. Students can access our wireless network on campus. Printing and copying services are available to students.

The campus is open from 8am to 9pm Monday to Thursday, 8am to 5pm Friday, during the semester.

The Surry Hills Student Clinic has a well-equipped dispensary which includes nutritional and herbal supplements, herbal fluid extracts, homoeopathic remedies, Bach flowers and Australian bush flower essences. You can use this dispensary under the guidance of a clinic supervisor. You can purchase products at a reduced rate.

Nourish – ACNT’s Café and Bookstore located on level one of the Surry Hills campus is a great place to meet friends or take a break in bright, comfortable, aroma filled surroundings. Not only can you obtain your daily caffeine boost you can also select from a great range of tasty health foods, made fresh daily on campus. Nourish is your one-stop-shop for healthy, nutritious food, textbooks, general reading and stationery needs.

Brisbane campus
The Brisbane campus is situated in the cultural and business epicentre that is Fortitude Valley. Just minutes from the heart of Brisbane, the campus provides an excellent learning and work environment. The modern campus was completely refurbished in October 2008 and now includes state-of-the-art teaching and learning facilities as well as spacious student break out areas, student common rooms with FOXTEL, and outdoor alfresco deck areas.

ACNT students also have access to a range of support services including learning labs with the latest audio-visual technology as well as spacious break-out zones for group work and wireless internet. On campus is a learning resource centre with access to an expanding physical collection of books and journals. In addition students have access to an extensive online library, including the GALE collections. The resource centre has 16 of the latest release computers, with IT facilities, complete with iMacs and PCs with the latest software as well as hi-tech multimedia data projectors for interactive learning. The Brisbane campus also has a Student Clinic.

“Apart from the great location, it has to be the professionalism of the teaching team and their ability to impart their knowledge in a structured and practically focused manner.”

Martin Roddis
ACNT Graduate, Remedial Massage and Aromatherapy
Student Representative Council
At ACNT, we understand that you need to have a student voice and a life outside of college. The student representative council is responsible for helping students speak up and maintain a balanced lifestyle. This includes organising events such as barbecues, social activities and various sporting events. Having fun is an intrinsic part of the ACNT experience.

Computer Room
ACNT has up-to-date computer facilities equipped with flat screen monitors available to all ACNT students. The computers are connected to ACNT’s high bandwidth backbone and use high speed internet facilities. These facilities are all provided free of charge to ACNT students.

Wireless Internet Access
For students with their own notebook computers, ACNT offers high speed wireless internet access. Access is free of charge and is available in most areas of the Surry Hills and Brisbane campus.

Library/Media Room
The recent expansion of ACNT’s Surry Hills library has allowed for a far more comprehensive reference library of natural medicine and manual therapies texts. The Brisbane library is also expanding to provide students with a greater range of resources. Students may utilise ACNT’s library/media room for study and research purposes. These facilities are provided free of charge to ACNT students and the library is open Monday to Friday during semester.

Herbal Medicine and Aromatherapy Manufacturing Rooms
ACNT has dedicated herbal medicine and aromatherapy manufacturing rooms at both campuses and students will use these facilities as part of relevant professional courses. Aromatherapy rooms are available at Surry Hills.

Dispensary
ACNT’s Student Clinic has a well-equipped dispensary which includes nutritional and herbal supplements, herbal fluid extracts, homoeopathic remedies, Bach flowers and Australian bush flower essences. Students use this dispensary under the guidance of the clinic supervisors. Products are available at a reduced rate for the benefit of students.

ACNT Job Finder
Two of the most frequent questions potential students ask are “What will I be able to do with my qualifications when I graduate?” and “How easily will I be able to find work after I finish my course?” ACNT’s Job Finder was created in 1998 and has proven to be a valuable service to students, graduates and employers alike. Updated on a daily basis, you will discover an array of working opportunities both local and international. Many of ACNT’s graduates have been employed by well known industry leaders such as Blackmores, Brauers Pharmaceuticals, GNC LiveWell, Voyages, Chiva Som (Thailand) and Steiner Leisure.

Nourish
Nourish – ACNT’s Café and Bookstore located on level one of the Surry Hills campus is a great place to meet friends or take a break in bright, comfortable, aroma filled surroundings. Nourish is your one-stop-shop for healthy, nutritious food, textbooks, general reading and stationery needs.
Looking for the best hands-on training?

At ACNT, we think it’s crucial that you gain thorough clinical training in preparation for a successful professional life ahead. That’s why we make clinical hours a compulsory component of our courses, which you carry out at the ACNT Student Clinic. It’s the best way to put theory into practice and provides you with the necessary skills and confidence to work within the field of Natural Therapies.

The ACNT Student Clinic provides the ideal environment for you to practice your profession. Rest assured, as you’re treating the general public, you have the support and supervision of expert practitioners alongside you. We’re sure that you’ll find the clinical part of your studies an enjoyable and enlightening experience. Our clients seem to love it too – thousands of them attest to being delighted with the facilities and attention received at the clinic.

ACNT’s Student Clinic nurtures the highest standards in professional development, ensuring that as an ACNT student you are highly employable within your chosen profession.

At the clinic, your healing hands will apply a whole medley of therapies such as remedial massage, aromatherapy, naturopathy, nutrition, homoeopathy, herbal medicine, iridology, reflexology, spa therapy and natural beauty therapy. You’ll be guided by our team of qualified clinic supervisors who are there to keep an eye on your progress, present tutorials, show you how to record clinical data, offer advice on liaising with clients and perform practical assessments.

If you’re a beauty student, you’ll explore a wide range of five-star beauty and spa treatments, such as facials, waxing, manicures, pedicures, vichy shower treatments and body wraps.

Here at ACNT, we’re very proud of our clinic and are confident that the real world experience gained will support you to achieve your goal of becoming a professional practitioner of natural therapies.

First Aid

Many professional courses require first aid training as part of the course curriculum prior to commencing clinical training. As an ACNT student, you will complete HLTFA301C Apply first aid as part of your course. This unit is delivered by expert first aid practitioners.

“I have learnt a lot in a short period of time. The new skills I am developing and the knowledge I am gaining is unbelievable - some of the teachers here are truly outstanding!”

Simon Hassell
ACNT Graduate, Fitness
ACNT students have a passion for making positive changes to people’s lives through the application of natural approaches to health and wellness. However, understanding where and how to focus your passion can be daunting. To make things simpler, we’ve broken our courses into four key faculties: Natural Medicine, Manual Therapies and Fitness. Discover the study areas below – and find the one that’s right for you.

**Natural Medicine**
Our faculty of natural medicine covers naturopathy, herbal medicine, nutritional medicine and homoeopathy.

Naturopathy is a broad discipline encompassing elements of nutrition, homoeopathy and herbal medicine. Naturopaths trained through ACNT are able to practice across these modalities to provide a holistic assessment and manage a client’s health status.

Homoeopathy’s central principle is ‘similia similibus curantur’ – ‘like cures like’. The preparation of homoeopathic medicine is unique. Medicines are often diluted beyond a measurable level that increases its therapeutic potential and minimises side effects.

Homoeopathy has been used successfully on humans and animals for over two hundred years. Herbal medicine’s roots can be traced back to Greek and Roman times and beyond to Ancient Egypt. Herbalists believe using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

Nutritional medicine utilises diet, vitamins, mineral and amino acids to prevent disease and achieve optimal health.

All natural medicine courses provided by ACNT involve a solid foundation in medical sciences, including anatomy and physiology.

**Fitness**
Fitness at ACNT delivers a learning progression for students that begins with foundation learning of anatomy and physiology and group instruction skills. This is followed by learning personal training skills for one on one facilitation and, postural appraisal and programming and includes strength and conditioning programming for athletes. Finally, ACNT further enhances your fitness education platform by delivering business skills at management level, psychology and, advanced learning in the areas of musculoskeletal rehabilitation and exercise for special populations and, advanced program design for functionality and strength.

Our programs prepare you for employment in a wide variety of fitness environments, such as group fitness instructor, personal trainer, personal training manager or health club manager.

**Manual Therapies**
ACNT’s manual therapies faculty covers massage therapy and aromatherapy.

Massage therapy is one of the highest growth sectors within the natural health and wellness industry. Massage therapy involves the physical manipulation of the muscles and fascia of the body as well as stimulation of energy flow and body systems. Subject content includes Swedish massage, remedial massage, trigger point therapy, lymphatic drainage and an introduction to reflexology.

Aromatherapy is the art of blending essential oils for the purpose of energy balancing and healing utilising a range of application methods including massage, direct skin application, inhalation and creams and lotions.
“There is such an international environment, and lecturers are very competent and highly qualified. It is extremely interesting for students to be in touch with therapists who not only share their knowledge and passion with us but also their daily experience as naturopaths and nutritionists.”

Rosaria Nithart
AGNT Graduate
Nutritional Medicine/Advanced Diploma
OUR COURSES
YOUR STUDY OPTIONS

Flexible study options to suit your needs

ACNT provides a comprehensive range of nationally accredited courses in natural medicine, manual therapies and fitness. To help meet your needs, ACNT offers a number of its programs by distance education in a part-time capacity. This section provides a useful guide to ACNT's different course delivery options.

On-campus courses

ACNT delivers courses on-campus in Sydney and Brisbane. You will attend lectures, tutorials, practical sessions and clinics. As an on-campus student you will also have access to ACNT’s comprehensive learning materials. These are available through the ACNT Student Portal, which also provides you with general information about the college and your course. As an on-campus student you will have access to a wide range of support services. For more information about ACNT’s campuses and the full range of support services see page 9-10.

As an on-campus student you will study a number of subjects concurrently in a study period. Study periods vary by the type of course at ACNT, but typically involve 14 weeks of tuition with three study periods being delivered in a calendar year. In general you will be required to attend classes, practical demonstrations and clinic for between 20 to 30 hours per week. This varies according to your course.

For many students, the Student Clinic is an important part of their study experience. The Student Clinic is an essential part of all courses in natural medicine and manual therapies.

The Student Clinic enables you to put into practice the theory and knowledge that underpins your course. Importantly, the Student Clinic enables you to engage with real clients in a safe and supervised environment. Clinic Supervisors provide support and guidance to you throughout your clinical practice.

If you choose to study in one of our fitness courses at ACNT Surry Hills campus, you will also gain valuable practical experience at our partner gyms – located within easy distance of our campus.
Distance education courses*
ACNT delivers some courses by distance education. These courses are only available to Australian students and are available part-time. As a part-time student your study period will be twice the number of weeks normally scheduled.

As a distance education student, you will receive a detailed orientation program to explain the ins and outs of distance education at ACNT. In addition, you will receive comprehensive learning materials (both in printed and electronic form). Your learning materials guide you through each of your subjects.

During your studies, you will have access to a dedicated team of distance education tutors to answer any questions you may have regarding your subjects. In addition, ACNT has a friendly team of distance education student support officers to assist you with any administrative issues you may face during your studies. As a distance education student, you can also access the college’s academic skills support and counselling services.

As a distance education student your textbooks are included as part of your course fees however you may be required to purchase additional materials (e.g. massage table), and to organise supervisors for your external examinations.

How do I gain clinical practice experience?
Obtaining clinical experience is an essential part of many ACNT courses. As a distance education student you will need to find an approved external clinical placement. This may involve working under the supervision of an accredited practitioner or as part of a health and wellness clinic. ACNT’s External Clinic Coordinator can also provide assistance in finding a clinical placement. We recommend that you discuss your clinical placement options with us prior to commencing your course.

Please note that distance education students will be required to undertake a First Aid certificate with an external provider at their own expense prior to commencing clinical practice.

Part-time courses*
Part-time study options are available for some ACNT courses. As a part-time student you will undertake a lower study load in each study period. If you require further information about ACNT’s part-time study options, please contact an ACNT Course and Careers Advisor (see back cover for contact details).

Making the right decision
ACNT is committed to assisting you to choose the right course to meet your future goals and ambitions. We have a dedicated team of Course and Careers Advisors. Our Course and Careers Advisors are passionate about the natural health and wellness industry and can help guide you through the process of selecting, applying and commencing your course. Many of our Course and Careers Advisors have completed an ACNT qualification and can give you a first-hand insight into being an ACNT student.

The contact details for the ACNT Course and Careers Advisors are available on the back cover. In addition, further information on the application and enrolment process is available on page 46.

* Distance education and part-time study options, are only available to Australian students. Overseas students are only eligible to study full-time at ACNT’s Sydney campus. Please note that industry accreditations and health fund recognition may be dependent on the delivery mode chosen.
“I wanted the opportunity to heal those diagnosed with terminal illness, and help heal through insight and wisdom.”

Kylie Seaton
ACNT Graduate
What is naturopathy?
Naturopathy is an umbrella term that encompasses many forms of complementary and natural medicine modalities. There are three main branches within naturopathy: nutrition, homeopathy and herbal medicine. A Naturopath will utilise all of these modalities in practice. Additionally, naturopaths have a solid grounding in the medical sciences.

Entry requirements
To enter this course you will need to have:
- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 6.0 (Academic) overall, with a minimum of 5.5 in each skill.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure

The hours for each subject include lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study.

Full-time students will complete this course in nine study periods of 14 weeks duration each excluding breaks. This will involve an average of 20-22 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you’ll be required to complete clinical training, which for Naturopathy is a total of 465 hours. Clinical training is integrated into a number of subjects and provides you with the experience of engaging with clients in a safe and supervised environment. For on campus students the majority of clinical training can be obtained through the ACNT Student Clinic, with 45 hours being compulsory external clinical placement.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid. This unit is delivered in your first study period.

See page 15 for more information about clinical practice and first aid requirements for distance education students.

Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy &amp; Physiology</td>
<td>HLTAP401B</td>
<td>Confirm physical health status</td>
<td>80</td>
</tr>
<tr>
<td>Chemistry &amp; Biochemistry</td>
<td>HLTAP401B</td>
<td>Confirm physical health status</td>
<td>84</td>
</tr>
<tr>
<td>First Aid</td>
<td>HLTFA301C</td>
<td>Apply first aid</td>
<td>10</td>
</tr>
<tr>
<td>Occupational Health &amp; Safety</td>
<td>HLTOS300B</td>
<td>Contribute to OH&amp;S processes</td>
<td>28</td>
</tr>
<tr>
<td>Effective Workplace Practices</td>
<td>RSBFLM303C</td>
<td>Contribute to effective workplace relationships</td>
<td>98</td>
</tr>
<tr>
<td></td>
<td>HLTHIR501B</td>
<td>Maintain an effective health work environment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>CHCORG428A</td>
<td>Reflect on and improve own professional practice</td>
<td></td>
</tr>
<tr>
<td>Naturopathic Framework</td>
<td>HLTNA609C</td>
<td>Work within a naturopathic framework</td>
<td>42</td>
</tr>
<tr>
<td>Disease Manifestations</td>
<td>HLTAP501B</td>
<td>Analyse health information</td>
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</tr>
<tr>
<td>Counselling Skills</td>
<td>HLTCOM404C</td>
<td>Communicate effectively with clients</td>
<td>84</td>
</tr>
<tr>
<td>Applied Naturopathic Principles</td>
<td>HLTNA607C</td>
<td>Manage work within a naturopathic framework</td>
<td>56</td>
</tr>
<tr>
<td>Herbal Fundamentals</td>
<td>HLTNA602C</td>
<td>Provide western herbal medicine treatment</td>
<td>189</td>
</tr>
<tr>
<td>*Basic Microbiology &amp; Infection Control</td>
<td>HLTIN301C</td>
<td>Comply with infection control policies and procedures</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>HLTIN504C</td>
<td>Manage the control of infection</td>
<td></td>
</tr>
<tr>
<td>Naturopathic Patient Assessment</td>
<td>HLTNA606C</td>
<td>Perform naturopathic health assessment</td>
<td>84</td>
</tr>
<tr>
<td>Nutritional Fundamentals</td>
<td>HLTNA603C</td>
<td>Provide naturopathic nutritional treatment</td>
<td>189</td>
</tr>
<tr>
<td>Pharmacognosy &amp; Herbal Pharmacy</td>
<td>HLThER603C</td>
<td>Operate a western herbal medicine dispensary</td>
<td>133</td>
</tr>
<tr>
<td>Advanced Nutritional Medicine</td>
<td>HLTUN602C</td>
<td>Provide specialised nutritional care</td>
<td>266</td>
</tr>
<tr>
<td>Health Business Skills</td>
<td>HLTCOM503C</td>
<td>Manage a practice</td>
<td>42</td>
</tr>
<tr>
<td>Critiquing Research</td>
<td>HLTUN601C</td>
<td>Apply literature research findings to clinical practice</td>
<td>28</td>
</tr>
<tr>
<td>Naturopathic Case Management 1</td>
<td>HLTNA608C</td>
<td>Apply naturopathic diagnostic framework</td>
<td>220</td>
</tr>
<tr>
<td>Professional Development</td>
<td>HLTCOM502C</td>
<td>Develop professional expertise</td>
<td>42</td>
</tr>
<tr>
<td>Referrals in Health Care</td>
<td>HLTCOM406C</td>
<td>Make referrals to other health care professionals when appropriate</td>
<td>28</td>
</tr>
<tr>
<td>Naturopathic Case Management 2</td>
<td>HLTNA605C</td>
<td>Plan the naturopathic treatment strategy</td>
<td>225</td>
</tr>
<tr>
<td>Homoeopathic Essentials</td>
<td>HLThOM612C</td>
<td>Work within a homoeopathic framework</td>
<td>84</td>
</tr>
<tr>
<td>Advanced Herbal Medicine</td>
<td>HLTHIR608C</td>
<td>Provide specialised western herbal medicine treatment</td>
<td>266</td>
</tr>
<tr>
<td>Acute Homoeopathic Treatment</td>
<td>HLTNA604C</td>
<td>Provide acute homoeopathic treatment</td>
<td>84</td>
</tr>
<tr>
<td>Integrated Therapeutics</td>
<td>HLTNA601C</td>
<td>Provide naturopathic treatment</td>
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</table>

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

* The subject ‘Basic Microbiology & Infection Control’ includes the unit of competency HLTIN504C Manage the control of infection and the prerequisite unit of competency HLTIN301C Comply with infection control policies and procedures. The prerequisite unit HLTIN301C will be delivered and assessed prior to HLTIN504C.

Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information
What is western herbal medicine?
Herbalists are trained in the use of herbal medicines using a combination of hundreds of years of experience and modern scientific methods to help promote health and restore balance in disease. Herbalists believe using complex herbs rather than isolated constituents ensures a much more effective and holistic treatment.

Course overview
Western herbal medicine’s roots date back to Greek and Roman times and beyond to Ancient Egypt. Discover the principles of plant identification, actions, indications and prescriptions of hundreds of herbs, and learn how to manufacture a range of herbal preparations. The course consists of a combination of lectures, clinics, tutorials, practical demonstrations, and case studies.

Entry requirements
To enter this course you will need to have:
- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.

Course outcome
On completion of this course you will be set to pursue a career as a Botanical Medicine Practitioner, Herbalist, Herbal Medicine Practitioner, Phytotherapist or Western Herbal Medicine Practitioner.

Study options
Australian Students: Full-time on-campus or full-time and part-time by distance education
Overseas Students: Full-time on-campus in Sydney and Brisbane
Course Duration: 2 years full-time or 4 years part-time (including breaks)

Professional Associations
Australian Traditional Medicine Society (ATMS)**
National Herbalists Association of Australia (NHAA)**
Course structure
The hours for each subject includes lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study.

Full-time students will complete this course in six study periods of 14 weeks duration each excluding breaks. This will involve an average of 20-22 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods
Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice
Throughout your studies, you’ll be required to complete clinical training, which for Western Herbal Medicine is a total of 223 hours. Clinical training is integrated into a number of subjects and provides you with the experience of engaging with clients in a safe and supervised environment. For on campus students the majority of clinical training can be obtained through the ACNT Student Clinic, with 13 hours being compulsory external clinical placement.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid. This unit is delivered in your first study period.

See page 15 for more information about clinical practice and first aid requirements for distance education students.

Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy &amp; Physiology</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>80</td>
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<tr>
<td>Chemistry &amp; Biochemistry</td>
<td>*HLTAP401C</td>
<td>Confirm physical health status</td>
<td>84</td>
</tr>
<tr>
<td>First Aid</td>
<td>HLTFA301C</td>
<td>Apply first aid</td>
<td>10</td>
</tr>
<tr>
<td>Occupational Health &amp; Safety</td>
<td>HLTOS300B</td>
<td>Contribute to OH&amp;S processes</td>
<td>28</td>
</tr>
<tr>
<td>Effective Workplace Practices</td>
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<td></td>
<td></td>
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<td></td>
<td>BSBFLM300C</td>
<td>Contribute to effective workplace relationships</td>
<td>98</td>
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<tr>
<td></td>
<td>HLTIR501B</td>
<td>Maintain an effective health work environment</td>
<td></td>
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<tr>
<td></td>
<td>CHCORB428A</td>
<td>Reflect on and improve own professional practice</td>
<td></td>
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<tr>
<td>Basic Dietary Advice</td>
<td>HLTHER607C</td>
<td>Provide dietary advice</td>
<td>42</td>
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<tr>
<td>Disease Manifestations</td>
<td>HLTAP501B</td>
<td>Analyse health information</td>
<td>196</td>
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<tr>
<td>Counselling Skills</td>
<td>HLTCOM404C</td>
<td>Communicate effectively with clients</td>
<td>84</td>
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<tr>
<td>Herbal History &amp; Philosophy</td>
<td>HLTHER602C</td>
<td>Manage work within the western herbal medicine framework</td>
<td>56</td>
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<tr>
<td>Herbal Materia Medica</td>
<td>HLTHER606C</td>
<td>Prepare and dispense western herbal medicine</td>
<td>203</td>
</tr>
<tr>
<td>*Basic Microbiology &amp; Infection Control</td>
<td>HLTIN301C</td>
<td>Comply with infection control policies and procedures</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>HLTIN504C</td>
<td>Manage the control of infection</td>
<td></td>
</tr>
<tr>
<td>Herbal Patient Assessment</td>
<td>HLTHER604C</td>
<td>Perform western herbal medicine health assessment</td>
<td>84</td>
</tr>
<tr>
<td>Herbal Therapeutics 1</td>
<td>HLTHER601C</td>
<td>Apply western herbal medicine diagnostic framework</td>
<td>189</td>
</tr>
<tr>
<td>Pharmacognosy &amp; Herbal Pharmacy</td>
<td>HLTHER603C</td>
<td>Operate a western medicine dispensary</td>
<td>133</td>
</tr>
<tr>
<td>Herbal Therapeutics 2</td>
<td>HLTHER605C</td>
<td>Plan the western herbal medicine treatment strategy</td>
<td>293</td>
</tr>
<tr>
<td></td>
<td>HLTHER609C</td>
<td>Provide western herbal medicine treatment</td>
<td></td>
</tr>
<tr>
<td>Health Business Skills</td>
<td>HLTCOM503C</td>
<td>Manage a practice</td>
<td>42</td>
</tr>
<tr>
<td>Advanced Herbal Medicine</td>
<td>HLTHER608C</td>
<td>Provide specialised western herbal medicine treatment</td>
<td>266</td>
</tr>
<tr>
<td>Professional Development</td>
<td>HLTCOM502C</td>
<td>Develop professional expertise</td>
<td>42</td>
</tr>
<tr>
<td>Referrals in Health Care</td>
<td>HLTCOM406C</td>
<td>Make referrals to other health care professionals when appropriate</td>
<td>28</td>
</tr>
</tbody>
</table>

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

* The subject *Basic Microbiology & Infection Control* includes the unit of competency HLTIN504C Manage the control of infection and the prerequisite unit of competency HLTIN301C Comply with infection control policies and procedures. The pre-requisite unit HLTIN301C will be delivered and assessed prior to HLTIN504C.

* Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.
**What is homoeopathy?**
Homoeopathy is a system of medicine that works by administering patients a dilute dose of a substance that in a crude form would cause symptoms similar to that which the patient is experiencing. Homoeopathic medicines often contain active ingredients diluted beyond a measurable level. As a result, medicines increase their therapeutic potential while minimising their side effects.

**Course overview**
This course takes you from learning the fundamental theory of homoeopathy to becoming a fully competent Homoeopathic Practitioner. You gain an excellent grounding in classic homoeopathy principles, including history and philosophy, intensive materia medica (the study of homoeopathic medicines, case taking and prescribing), manufacturing of remedies, and clinical application. Content is delivered utilising an inspiring mix of learning methods such as lectures, tutorials, class demonstrations, clinics, and more.

**Course outcome**
At the completion of the course, you will be qualified to practice as a Homoeopathic Practitioner.

**Entry requirements**
To enter this course you will need to have:
- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
## Course structure

The hours for each subject includes lectures, tutorials, seminars, demonstrations and supervised clinical practice.

Distance Education students will complete this course via guided self study. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

## Assessment methods

Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

## Clinical practice

Throughout your studies, you'll be required to complete clinical training, which for Homoeopathy is a total of 200 hours. Clinical training is integrated into a number of subjects and provides you with the experience of engaging with clients in a safe and supervised environment. For on campus students the majority of clinical training can be obtained through the ACNT Student Clinic, with 20 hours being compulsory external clinical placement.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid. This unit is delivered in your first study period.

See page 15 for more information about clinical practice and first aid requirements for distance education students.

## Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemistry &amp; Biochemistry</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>80</td>
</tr>
<tr>
<td>Anatomy &amp; Physiology</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>80</td>
</tr>
<tr>
<td>First Aid</td>
<td>HLTFA301C</td>
<td>Apply first aid</td>
<td>20</td>
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<tr>
<td>OH&amp;S</td>
<td>HLTOSH300B</td>
<td>Contribute to OH&amp;S processes</td>
<td>30</td>
</tr>
<tr>
<td>Managing Infection Control</td>
<td>HLTIN504C</td>
<td>Manage the control of infection</td>
<td>50</td>
</tr>
<tr>
<td>Basic Homeopathic Research</td>
<td>HLTOM602C</td>
<td>Conduct basic homoeopathic research</td>
<td>40</td>
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<tr>
<td>Effective Workplace Practices</td>
<td>BSBFLM303C</td>
<td>Contribute to effective workplace relationships</td>
<td>100</td>
</tr>
<tr>
<td></td>
<td>CHCOR428A</td>
<td>Reflect and improve upon professional practice</td>
<td></td>
</tr>
<tr>
<td></td>
<td>HLTHIR501B</td>
<td>Maintain an effective health work environment</td>
<td></td>
</tr>
<tr>
<td>Referrals in Healthcare</td>
<td>HLTCOM406C</td>
<td>Make referrals to other health care professionals when appropriate</td>
<td>40</td>
</tr>
<tr>
<td>Applied Anatomy &amp; Physiology</td>
<td>*HLTAP501B</td>
<td>Analyse health information</td>
<td>30</td>
</tr>
<tr>
<td>Basic Counselling Skills</td>
<td>HLTCOM404C</td>
<td>Communicate effectively with clients</td>
<td>20</td>
</tr>
<tr>
<td>Homeopathic Case Taking</td>
<td>HLTOM610C</td>
<td>Take homeopathic case</td>
<td>55</td>
</tr>
<tr>
<td>Homoeopathic Principles and Assessment</td>
<td>HLTOM601C</td>
<td>Apply homoeopathic diagnostic framework</td>
<td>205</td>
</tr>
<tr>
<td></td>
<td>HLTOM604C</td>
<td>Perform clinical screening examination and assessment</td>
<td></td>
</tr>
<tr>
<td>Manage Homoeopathic Treatment Strategy</td>
<td>HLTOM603C</td>
<td>Manage work within the homoeopathic framework</td>
<td>70</td>
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<tr>
<td></td>
<td>HLTOM605C</td>
<td>Plan homoeopathic treatment strategy</td>
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<tr>
<td>Practice Management</td>
<td>HLTCOM502C</td>
<td>Develop professional expertise</td>
<td>70</td>
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<td></td>
<td>HLTOM503C</td>
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<tr>
<td>Clinical Homoeopathy</td>
<td>HLTOM606C</td>
<td>Prepare and dispense homoeopathic medicine</td>
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<tr>
<td></td>
<td>HLTOM608C</td>
<td>Provide homoeopathic treatment and manage the case</td>
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<tr>
<td></td>
<td>HLTOM609C</td>
<td>Provide specific homoeopathic assessment and care</td>
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<tr>
<td>Homoeopathic Clinic 1</td>
<td>*HLTAP501B</td>
<td>Analyse health information</td>
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<td>*HLTCOM404C</td>
<td>Communicate effectively with clients</td>
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<tr>
<td></td>
<td>*HLTOM610C</td>
<td>Take homeopathic case</td>
<td></td>
</tr>
<tr>
<td></td>
<td>HLTOM601C</td>
<td>Apply homoeopathic diagnostic framework</td>
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<tr>
<td></td>
<td>HLTOM604C</td>
<td>Perform clinical screening examination and assessment</td>
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<tr>
<td></td>
<td>HLTOM603C</td>
<td>Manage work within the homoeopathic framework</td>
<td></td>
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<tr>
<td></td>
<td>HLTOM605C</td>
<td>Plan homoeopathic treatment strategy</td>
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</tr>
<tr>
<td>Homoeopathic Clinic 2</td>
<td>HLTCOM502C</td>
<td>Develop professional expertise</td>
<td>100</td>
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<tr>
<td></td>
<td>HLTOM503C</td>
<td>Manage a practice</td>
<td></td>
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<tr>
<td></td>
<td>HLTOM606C</td>
<td>Prepare and dispense homoeopathic medicine</td>
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<td>HLTOM608C</td>
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<tr>
<td></td>
<td>HLTOM609C</td>
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</tbody>
</table>

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

Note: The subject ‘Managing infection control’ includes the unit of competency HLTIN504C Manage the control of infection and the prerequisite unit of competency HLTIN301C Comply with infection control policies and procedures (which is assessed only).

* Please note that the following units of competency are co delivered and assessed in clinic. Students must complete all subjects satisfactorily in order to be deemed competent in these units

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information
What is nutritional medicine?
Nutritional medicine practitioners utilise diet, vitamins, mineral and amino acids to prevent disease and achieve optimal health. This requires an in-depth understanding of the metabolic pathways involved in the breakdown of nutrients, and the exact role of diet and vitamin, mineral and amino acid supplements as well as human health sciences.

Course overview
This comprehensive course incorporates advanced training in nutrition and diet related fields, health sciences, diagnostics and treatment modalities. Some of the areas covered include nutritional management of renal, cardiovascular, gastrointestinal, endocrine and immune disorders; palliative care, pregnancy and paediatrics; diagnostic laboratory techniques, symptomatology and diagnosis, and counselling.

Course outcome
You can look forward to working in a vibrant career as a Nutritional Medicine Practitioner or Nutritional Therapist.

Entry requirements
To enter this course you will need to have:
- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 6.0 (Academic) overall, with a minimum of 5.5 in each skill.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure

The hours for each subject includes lectures, tutorials, seminars, demonstrations, supervised clinical practice and self directed study.

Full-time students will complete this course in six study periods of 14 weeks duration each excluding breaks. This will involve an average of 20-22 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you’ll be required to complete clinical training, which for Nutritional Medicine is a total of 258 hours. Clinical training is integrated into a number of subjects and provides you with the experience of engaging with clients in a safe and supervised environment. For on campus students the majority of clinical training can be obtained through the ACNT Student Clinic, with 13 hours being compulsory external clinical placement. For distance education students clinic hours can be obtained through placement with an approved clinic site.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid. This unit is delivered in your first study period. See page 15 for more information about clinical practice and first aid requirements for distance education students.

Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>Anatomy &amp; Physiology</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>80</td>
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<tr>
<td>Chemistry &amp; Biochemistry</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
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<tr>
<td>First Aid</td>
<td>HLTFA301C</td>
<td>Apply first aid</td>
<td>10</td>
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<tr>
<td>Occupational Health &amp; Safety</td>
<td>HLTODS306R</td>
<td>Contribute to OH&amp;S processes</td>
<td>28</td>
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<tr>
<td>Effective Workplace Practices</td>
<td>RSBF3030C</td>
<td>Contribute to effective workplace relationships</td>
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<tr>
<td></td>
<td>HLTHIR501B</td>
<td>Maintain an effective health work environment</td>
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<tr>
<td></td>
<td>CHCORG528A</td>
<td>Reflect on and improve own professional practice</td>
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<tr>
<td>Dietary Modification</td>
<td>HLTHUT610B</td>
<td>Provide basic dietary advice</td>
<td>42</td>
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<tr>
<td>Disease Manifestations</td>
<td>HLTAP501B</td>
<td>Analyse health information</td>
<td>196</td>
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<tr>
<td>Counselling Skills</td>
<td>HLTCOM400C</td>
<td>Communicate effectively with clients</td>
<td>84</td>
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<td>Nutritional Principles</td>
<td>HLTUT604B</td>
<td>Manage work within a clinical nutritional framework</td>
<td>56</td>
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<td>HLTUT607C</td>
<td>Manage work within a naturopathic framework</td>
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<td>Nutrition 1</td>
<td>HLTHUT606</td>
<td>Plan the nutritional treatment strategy</td>
<td>203</td>
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<td>*Basic Microbiology &amp; Infection Control</td>
<td>HLTIN301C</td>
<td>Comply with infection control policies and procedures</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>HLTIN504C</td>
<td>Manage the control of infection</td>
<td></td>
</tr>
<tr>
<td>Nutritional Patient Assessment</td>
<td>HLTU603B</td>
<td>Apply a nutritional medicine diagnostic framework</td>
<td>84</td>
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<td></td>
<td>HLTU605B</td>
<td>Perform nutritional medicine health assessment</td>
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<tr>
<td>Nutrition 2</td>
<td>HLTU607B</td>
<td>Provide nutritional medicine treatment</td>
<td>279</td>
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<tr>
<td>Nutritional Pharmacy</td>
<td>HLTU609B</td>
<td>Prepare and dispense nutritional and dietary supplements</td>
<td>42</td>
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<tr>
<td>Advanced Nutritional Medicine</td>
<td>HLTU602C</td>
<td>Provide specialised nutritional care</td>
<td>266</td>
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<tr>
<td>Health Business Skills</td>
<td>HLTCOM503C</td>
<td>Manage a practice</td>
<td>42</td>
</tr>
<tr>
<td>Critiquing Research</td>
<td>HLTU601C</td>
<td>Apply literature research findings to clinical practice</td>
<td>28</td>
</tr>
<tr>
<td>Nutrition for Special Populations</td>
<td>HLTU608B</td>
<td>Provide specialised nutritional medicine treatment</td>
<td>266</td>
</tr>
<tr>
<td>Professional Development</td>
<td>HLTCOM502C</td>
<td>Develop professional expertise</td>
<td>42</td>
</tr>
<tr>
<td>Referrals in Health Care</td>
<td>HLTCOM406C</td>
<td>Make referrals to other health care professionals when appropriate</td>
<td>28</td>
</tr>
</tbody>
</table>

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

The subject ‘Basic Microbiology & Infection Control’ includes the unit of competency HLTIN504C Manage the control of infection and the prerequisite unit of competency HLTIN301C Comply with infection control policies and procedures. The pre-requisite unit HLTIN301C will be delivered and assessed prior to HLTIN504C.

Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid. This unit is delivered in your first study period.

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

* Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.
Blackmores Ltd. began in the 1930s in Queensland, Australia and was the vision and passion of Australia’s pioneering naturopath, Maurice Blackmore. The company is customer-focused and inspires people to take control of, and invest in, their health and wellbeing. Blackmores Ltd. is a leader in developing and marketing products, both consumer and practitioner-only brands, and services that deliver a more natural approach to health based on expertise in vitamins, minerals, herbs and other nutrients.

The core belief of taking a holistic approach to managing one’s health is evident in many of the activities the company undertakes in supporting staff and the community.

For example, Blackmores Naturopathic Advisory Service is staffed by qualified naturopaths and has taken more than 55,000 calls from consumers, health professionals and pharmacy staff over the past year as well as responding to more than 10,000 email requests for health advice. The company is strongly committed to research and development. An expanded research program is progressing rapidly with continued support for many studies and trials for the efficacy of both existing products (for further conditions) and products on the drawing board.

In 2009 Blackmores Ltd. was judged by Australians to be ‘Australia’s Most Trusted Vitamin and Supplement Brand’ in the 2009 Reader’s Digest Australia’s Most Trusted Survey and in 2008 was awarded Sustainable Small Company of the Year by Ethical Investor.

As a company, Blackmores Ltd. has long recognised the importance of retaining high quality staff and keeping the workforce motivated and passionate. Career development and training within the company is strongly supported. Marcus Blackmore, Chairman of Blackmores Ltd., believes “There is nothing more natural than good health – that’s the message my father and our company, Blackmores Ltd., have been delivering for more than 70 years. I believe education and accreditation are vital to our industry’s credibility and growth.”

“Australasian College of Natural Therapies has contributed to raising standards, training people and building links between those individuals and organisations who have an interest in a more natural approach to health. I am proud that Blackmores has had such a long association with ACNT.”

Marcus C Blackmore
Chairman
An interview with Pam Stone, Director of Education, Blackmores Ltd.

What can ACNT graduates expect when starting work with Blackmores Ltd.?
ACNT graduates can expect to work with like-minded people who are committed to promoting and applying the principles of naturopathy.

Where can they work?
Qualified naturopaths are employed in several departments within the company, including Education and Advisory, Professional, New Product Development, Technical, Sales and Scientific Affairs.

What is the quality of ACNT graduates?
ACNT graduates working at Blackmores Ltd. display a professional approach and demonstrate a high standard of knowledge of natural therapies.

Is there anything else that you would like to add?
Blackmores Ltd. places the highest importance on education, as we strive to motivate people to take control of their own health and wellbeing. We applaud the emphasis of ACNT in providing quality educational programs, to equip graduates with skills and direction that will allow them to lead fulfilling professional lives, to make a positive difference to the health of others, and to assist in establishing natural healthcare solutions as the first choice for all Australians.

What are the career prospects for graduates?
ACNT graduates who take up a role within Blackmores Ltd. can find excellent career opportunities in different areas of the company. Our Naturopathic Advisory Service employs qualified naturopaths in either part or full time roles, our Training Department offers opportunities to develop a career in training people at all levels, from healthcare professionals such as GPs, pharmacists, naturopaths, to trade and consumer training. Naturopaths are employed in our Professional Department, in Product Development and technical areas as medical writers and in sales roles. Additional qualifications in business or marketing would also place a graduate in an excellent position to take on roles in other areas of the company. Blackmores Ltd. employs more naturopaths than any other company in the world.

“ACNT offered, and still continues to offer a more science based course, which I see as essential for working in healthcare. The sheer breadth of study offered has given me the scope I needed to specialise and to develop my skills early on in my career.”

Alison Bull
ACNT Graduate
Product Development, Technical Support, Blackmores Ltd.
“The quality of life in Australia really appealed to me, as did the opportunity to start a fresh career path in natural therapies. Basically, I wanted to love what I did for a living and have more time to enjoy life.”

Donald Campbell
ACNT Graduate

FITNESS

30  Personal Trainer Course
    SIS30310 Certificate III in Fitness &
    SIS40210 Certificate IV in Fitness
32  SIS50210 Diploma of Fitness
Fitness

Personal Trainer Course
SIS30310 Certificate III in Fitness &
SIS40210 Certificate IV in Fitness

Entry requirements
To enter this course you will need to have:
• Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
• Be 21 years or over at course commencement

Please note that you need to complete all pre-requisite units in the Certificate III (SIS30310) in order to gain entry into the Certificate IV (SIS40210).

What is personal training?
This is the starting point for those wishing to pursue a career as a fitness instructor or personal trainer. Once you have become a qualified Personal Trainer you could find yourself training a variety of clients in a mixture of training environments and locations. You will work with your clients following specialised training programs that you have designed to ensure they reach their goals.

What is personal training?
This is the starting point for those wishing to pursue a career as a fitness instructor or personal trainer. Once you have become a qualified Personal Trainer you could find yourself training a variety of clients in a mixture of training environments and locations. You will work with your clients following specialised training programs that you have designed to ensure they reach their goals.

Course overview and outcomes
This course will equip you with the knowledge and ability to design and implement training programs for a range of clients with varying health and fitness goals. You will cover modules in exercise and fitness knowledge, health, safety and professionalism and exercise technique and program design. You be able to take advantage of ACNT’s unique mentoring program where you will work with a mentor that will assist in the development of your skills and also provide you with valuable industry experience.

Study options
Australian Students: Full-time on-campus, part-time by distance education
Overseas Students: Not available for overseas students

Course Duration:
SIS30310 Certificate III in Fitness
7 weeks full-time or 14 weeks part-time,
SIS40210 Certificate IV in Fitness
7 weeks full-time or 14 weeks part-time
(14 weeks full-time or 28 weeks part-time)

Entry requirements
To enter this course you will need to have:
• Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
• Be 21 years or over at course commencement

Please note that you need to complete all pre-requisite units in the Certificate III (SIS30310) in order to gain entry into the Certificate IV (SIS40210).

If you are interested in our distance learning options we recommend that you have:
• Access to a computer with high speed internet access;
• Access to video recording facilities;
• Discussed your clinic placement options with a Course and Careers Advisor including access to a gym prior to commencing the course; and
• Access to an independent professional who can provide exam supervision.
Course outline - SIS30310 Certificate III in Fitness

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gym Instructing &amp; Fitness Testing</td>
<td>SISFFIT301A</td>
<td>Provide fitness orientation and health screening</td>
<td>72</td>
</tr>
<tr>
<td></td>
<td>SISFFIT304A</td>
<td>Instruct and monitor fitness programs</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT305A</td>
<td>Apply anatomy and physiology principles in a fitness context</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT307A</td>
<td>Undertake client health assessment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT308A</td>
<td>Plan and deliver gym programs</td>
<td></td>
</tr>
<tr>
<td>Service &amp; Safety in Fitness Environments</td>
<td>SISFFIT302A</td>
<td>Provide quality service in the fitness industry</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>SISXOHS101A</td>
<td>Follow occupational health and safety policies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISXRK301A</td>
<td>Undertake risk analysis of activities</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISXFC201A</td>
<td>Maintain sport and recreation equipment for activities</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISXIND101A</td>
<td>Work effectively in sport and recreation environments</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISXIND202A</td>
<td>Process entry transactions</td>
<td></td>
</tr>
<tr>
<td>Nutrition</td>
<td>SISFFIT306A</td>
<td>Provide healthy eating information to clients in accordance with recommended guidelines</td>
<td>24</td>
</tr>
<tr>
<td>Special Populations</td>
<td>SISFFIT303A</td>
<td>Develop and apply an awareness of specific populations to exercise delivery</td>
<td>24</td>
</tr>
<tr>
<td>Group Fitness</td>
<td>SISFFIT309A</td>
<td>Plan and deliver group exercise sessions</td>
<td>12</td>
</tr>
<tr>
<td>First Aid</td>
<td>HLTFA301C</td>
<td>Apply first aid</td>
<td>10</td>
</tr>
</tbody>
</table>

| Total Hours for SIS30310 | 182 |

Course outline - SIS40210 Certificate IV in Fitness

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Personal Training</td>
<td>SISFFIT312A</td>
<td>Plan and deliver an endurance training program</td>
<td>84</td>
</tr>
<tr>
<td></td>
<td>SISFFIT416A</td>
<td>Apply motivational psychology to provide guidance on exercise behaviour and change to meet health and fitness goals</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT417A</td>
<td>Undertake long term exercise programming</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT419A</td>
<td>Apply exercise science principles to planning exercise</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT420A</td>
<td>Plan and deliver exercise programs to support desired body composition outcomes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT421A</td>
<td>Plan and deliver personal training</td>
<td></td>
</tr>
<tr>
<td>Advanced Fitness Testing</td>
<td>SISFFIT418A</td>
<td>Undertake appraisals of functional movement</td>
<td>12</td>
</tr>
<tr>
<td>Outdoor Training</td>
<td>SISFFIT311A</td>
<td>Deliver approved community fitness programs</td>
<td>14</td>
</tr>
<tr>
<td>Advanced Special Populations</td>
<td>SISFFIT314A</td>
<td>Plan and deliver exercise to older clients with managed conditions</td>
<td>24</td>
</tr>
<tr>
<td></td>
<td>SISFFIT415A</td>
<td>Work collaboratively with medical and allied health professionals</td>
<td></td>
</tr>
<tr>
<td>Sports Conditioning</td>
<td>SISSTC301A</td>
<td>Instruct strength and conditioning techniques</td>
<td>18</td>
</tr>
<tr>
<td></td>
<td>SISSTC402A</td>
<td>Develop strength and conditioning programs</td>
<td></td>
</tr>
<tr>
<td>Business and Marketing Skills</td>
<td>BSBMB401A</td>
<td>Establish legal and risk management requirements of small business</td>
<td>18</td>
</tr>
<tr>
<td></td>
<td>BSBMB403A</td>
<td>Market the small business</td>
<td></td>
</tr>
<tr>
<td></td>
<td>BSBMB404A</td>
<td>Undertake small business planning</td>
<td></td>
</tr>
</tbody>
</table>

| Total Hours for SIS40210 | 170 |

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).
What is fitness?
Fitness specialists holding the SIS50210 Diploma of Fitness are equipped to help clients with a wide range of often serious physical and psychological problems and disorders. They are highly trained and sought after in the industry.

Course overview and outcomes
This course equips you with the leadership and self-direction skills needed to plan and initiate programs, and arms you with a team of skills to develop injury prevention regimes. It gives you the chance to specialise in fitness instruction for rehabilitation, and for special populations such as the elderly, injured persons and those with cardiac and respiratory conditions. This qualification will help you score an exciting job as a Fitness Specialist, Gym Operations Manager or Fitness/Gym Program Manager.

Entry requirements
The minimum entry requirements for the course are:
- Completion of SIS40210 Certificate IV in Fitness or equivalent and have significant *vocational/work experience in the fitness industry; OR
- Mature age entry (for applicants aged 21 years or over at course commencement) with relevant *vocational/work experiences in the fitness industry and can demonstrate competency achieved in all pre-requisite units requirements.

*Vocational/work experience in fitness industry where the student can demonstrate responsibility of undertaking fitness business activity and evidence of programming and delivery of a diverse range of fitness services to clients is required.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor including access to a gym prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure
The hours for each subject includes lectures, tutorials, seminars, demonstrations and supervised practical experience.

Full-time students will complete this course in four study periods of 7 weeks duration excluding breaks. This will involve an average of 20 hours of on-campus tuition each week, or guided self study for distance education students.

Assessment methods
Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Practical experience
Throughout your studies, you’ll be required to complete practical experience, which is an integral part of the course. Practical hours can be obtained through the ACNT’s partner gyms in Sydney and Brisbane or an approved gym for distance education students.

Professional Recognition
The SIS50210 Diploma of Fitness has been approved by Fitness Australia.

### Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Training Clients with Injury and Medical Conditions – Part A</td>
<td>SISFFIT523A</td>
<td>Deliver prescribed exercise to clients with cardiorespiratory conditions</td>
<td>136</td>
</tr>
<tr>
<td></td>
<td>SISFFIT524A</td>
<td>Deliver prescribed exercise to clients with metabolic conditions</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT526A</td>
<td>Deliver prescribed exercise to clients with musculoskeletal conditions</td>
<td></td>
</tr>
<tr>
<td>Training Clients with Injury and Medical Conditions – Part B</td>
<td>SISFFIT521A</td>
<td>Deliver prescribed exercise to older clients with chronic conditions</td>
<td>140</td>
</tr>
<tr>
<td></td>
<td>SISFFIT528A</td>
<td>Apply research findings to exercise management strategies</td>
<td></td>
</tr>
<tr>
<td></td>
<td>SISFFIT525A</td>
<td>Advise on injury prevention and management</td>
<td></td>
</tr>
<tr>
<td>High Performance Training</td>
<td>SISXCA507A</td>
<td>Plan and implement high performance training programs</td>
<td>60</td>
</tr>
<tr>
<td>Advanced Business and Marketing Skills</td>
<td>SISXCCS404A</td>
<td>Address client needs</td>
<td>80</td>
</tr>
<tr>
<td></td>
<td>BSBREL402A</td>
<td>Build client relationships and business networks</td>
<td></td>
</tr>
<tr>
<td></td>
<td>BSBFRA402B</td>
<td>Establish a franchise</td>
<td></td>
</tr>
<tr>
<td>Health Project</td>
<td>SISFFIT527A</td>
<td>Undertake health promotion activities to decrease risk factors and prevent chronic disease</td>
<td>140</td>
</tr>
<tr>
<td></td>
<td>SISXIND405A</td>
<td>Conduct projects</td>
<td></td>
</tr>
<tr>
<td>Advanced First Aid</td>
<td>HLTFA402B</td>
<td>Apply advanced first aid</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>560</td>
</tr>
</tbody>
</table>

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).
“Since commencing my studies with ACNT my understanding of the human body and its workings and problems has increased out of sight. It is so rewarding to help people get out of pain, improve posture, reduce stress levels, relax and educate them on how to maintain health for a better life.”

Adam Smyth
ACNT Graduate

MANUAL THERAPIES

36   HLT40307 Certificate IV in Massage Therapy Practice
38   HLT50307 Diploma of Remedial Massage
40   HLT42707 Certificate IV in Aromatherapy
42   HLT51407 Diploma of Aromatherapy
What is massage?
Massage involves the movement and manipulation of soft tissue resulting in increased blood flow, removal of toxins and improved muscle tone. Massage therapists apply touch to reduce muscular tension, aches and pains, and increase healing abilities and the general sense of health and wellbeing.

Course overview
This course represents the entry point of an exciting career in massage therapy. You will learn a variety of techniques focusing on Swedish massage, relaxation and therapeutic techniques, including study in anatomy, physiology and the symptomology of body systems.

Course outcome
With this qualification you could massage your way into a number of exciting roles within a health team responsible for the massage treatment of clients, massage services under the guide of a physiotherapist or osteopath, or in the spa industry as a massage therapist. Graduates can continue their study with the HLT50307 Diploma of Remedial Massage.

Entry requirements
To enter this course you will need to have:
- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure
The hours for each subject includes lectures, tutorials, seminars, demonstrations, supervised clinical practice and self directed learning.

Full-time students will complete this course in one study periods of 14 weeks duration excluding breaks. This will involve an average of 23 hours of on-campus tuition each week, or guided self study for distance education students.

Assessment methods
Courses are assessed through a range of methods - from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice
Throughout your studies, you’ll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid.

See page 15 for more information about clinical practice and first aid requirements for distance education students.

Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Communication Skills for Manual Therapists</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>BSBWOR203A</td>
<td></td>
<td>Work effectively with others</td>
<td>34</td>
</tr>
<tr>
<td>*HLTCOM404C</td>
<td></td>
<td>Communicate effectively with clients</td>
<td></td>
</tr>
<tr>
<td>*HLTHIR301B</td>
<td></td>
<td>Communicate and work effectively in health</td>
<td></td>
</tr>
<tr>
<td>Massage Assessment and Referrals</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*HLTREM408C</td>
<td></td>
<td>Apply massage assessment framework</td>
<td>56</td>
</tr>
<tr>
<td>*HLTREM409C</td>
<td></td>
<td>Perform massage health assessment</td>
<td></td>
</tr>
<tr>
<td>*HLTCOM406C</td>
<td></td>
<td>Make referrals to other health care professionals when appropriate</td>
<td></td>
</tr>
<tr>
<td>HLTCOM408C</td>
<td></td>
<td>Use specific health terminology to communicate effectively</td>
<td></td>
</tr>
<tr>
<td>Clinic Operations</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>HLTCOM405C</td>
<td></td>
<td>Administer a practice</td>
<td>50</td>
</tr>
<tr>
<td>*HLTOHS300B</td>
<td></td>
<td>Contribute to OHS processes</td>
<td></td>
</tr>
<tr>
<td>*HLTIN301C</td>
<td></td>
<td>Comply with infection control policies and procedures</td>
<td></td>
</tr>
<tr>
<td>Anatomy and Physiology</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>84</td>
</tr>
<tr>
<td>First Aid</td>
<td>*HLTFA301C</td>
<td>Apply first aid</td>
<td>10</td>
</tr>
<tr>
<td>Massage Techniques</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>*HLTREM407C</td>
<td></td>
<td>Plan massage treatment</td>
<td>130</td>
</tr>
<tr>
<td>*HLTREM401C</td>
<td></td>
<td>Work within a massage framework</td>
<td></td>
</tr>
<tr>
<td>*HLTREM406C</td>
<td></td>
<td>Provide massage treatment</td>
<td></td>
</tr>
<tr>
<td>Massage Therapy Clinic</td>
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<td></td>
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</tr>
<tr>
<td>*HLTCOM404C</td>
<td></td>
<td>Communicate effectively with clients</td>
<td>64</td>
</tr>
<tr>
<td>*HLTCOM406C</td>
<td></td>
<td>Make referrals to other health care professionals when appropriate</td>
<td></td>
</tr>
<tr>
<td>*HLTREM401B</td>
<td></td>
<td>Confirm physical health status</td>
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</tr>
<tr>
<td>*HLTOHS300B</td>
<td></td>
<td>Contribute to OHS processes</td>
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</tr>
<tr>
<td>*HLTFA301C</td>
<td></td>
<td>Apply first aid</td>
<td></td>
</tr>
<tr>
<td>*HLTIN301C</td>
<td></td>
<td>Comply with infection control policies and procedures</td>
<td></td>
</tr>
<tr>
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<td></td>
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<td>*HLTREM407C</td>
<td></td>
<td>Plan massage treatment</td>
<td></td>
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<td></td>
<td>Work within a massage framework</td>
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<tr>
<td>*HLTREM407C</td>
<td></td>
<td>Provide massage treatment</td>
<td></td>
</tr>
<tr>
<td>*HLTREM408C</td>
<td></td>
<td>Apply massage assessment framework</td>
<td></td>
</tr>
<tr>
<td>*HLTREM409C</td>
<td></td>
<td>Perform massage health assessment</td>
<td></td>
</tr>
</tbody>
</table>

For more information on the study sequence and course structure, please see www.acnt.edu.au or contact a Course and Careers Advisor (see back cover for contact details).

* Please note that the units of competency are delivered across multiple subjects. Students must complete all subjects satisfactorily in order to be deemed competent in these units.

** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.
**What is remedial massage?**
Remedial massage involves the use of advanced massage techniques to treat a variety of ailments pertaining to the musculoskeletal system. A remedial massage practitioner has the ability to provide a comprehensive treatment plan based on their ability to address the underlying cause of many musculoskeletal problems.

**Course overview**
This course deals with a wide range of musculoskeletal problems using basic and advanced remedial massage, trigger points, myofascial release and lymphatic drainage techniques. A strong emphasis is placed on human movement, diagnostic techniques, and symptomatology and diagnosis.

**Course outcomes**
Work alongside allied health professionals as a fully accredited and qualified practitioner. Roles include Remedial Massage Therapist or Sports Massage Therapist. With further study, many of our graduates go on to specialise in other areas such as myofascial release, Craniosacral therapy or reflexology.

**Entry requirements**
To enter this course you will need to have completed 14 pre-requisite units from the HLT40307 Certificate IV in Massage Therapy Practice or equivalent.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure

The hours for each subject includes lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study.

Full-time students will complete this course in two study periods of 14 weeks duration each excluding breaks. This will involve an average of 20 hours of on-campus tuition each week, or guided self-study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods

Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice

Throughout your studies, you’ll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students. See page 15 for more information about the clinical practice.

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clinic Management</td>
<td>HLTCOM502C</td>
<td>Develop professional expertise</td>
<td>44</td>
</tr>
<tr>
<td></td>
<td>HLTCOM503C</td>
<td>Manage a practice</td>
<td></td>
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<tr>
<td></td>
<td>HLTHIR506C</td>
<td>Implement and monitor compliance with legal and ethical requirements</td>
<td></td>
</tr>
<tr>
<td>Practice Reflection for Manual Therapists</td>
<td>CHCORG428A</td>
<td>Reflect on and improve own professional practice</td>
<td>42</td>
</tr>
<tr>
<td>Applied Anatomy &amp; Physiology</td>
<td>*HLTAP501B</td>
<td>Analyse health information</td>
<td>42</td>
</tr>
<tr>
<td>Remedial Techniques - Deep Tissue/Anatomy</td>
<td>*HLTREM502C</td>
<td>Provide remedial massage treatment</td>
<td>98</td>
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<tr>
<td>Remedial Techniques - Myofascial</td>
<td>*HLTREM502C</td>
<td>Provide remedial massage treatment</td>
<td>42</td>
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<tr>
<td>Remedial Techniques - Trigger Points</td>
<td>*HLTREM502C</td>
<td>Provide remedial massage treatment</td>
<td>35</td>
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<tr>
<td>Remedial Techniques - Lymphatics</td>
<td>*HLTREM502C</td>
<td>Provide remedial massage treatment</td>
<td>35</td>
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<tr>
<td>Remedial Massage Assessment Techniques</td>
<td>*HLTREM504C</td>
<td>Apply remedial massage assessment framework</td>
<td>56</td>
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<td></td>
<td>*HLTREM505C</td>
<td>Perform remedial massage health assessment</td>
<td></td>
</tr>
<tr>
<td>Clinical Reasoning</td>
<td>*HLTREM510B</td>
<td>Provide specialised remedial massage treatments</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td>*HLTREM503C</td>
<td>Plan remedial massage treatment strategy</td>
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</tr>
<tr>
<td>Massage in an Aging Population</td>
<td>CHCAC318B</td>
<td>Work effectively with older people</td>
<td></td>
</tr>
<tr>
<td>Sport and Athlete Massage</td>
<td>*HLTREM513B</td>
<td>Provide remedial massage treatment to athletes</td>
<td>44</td>
</tr>
<tr>
<td>Principles of Reflexology</td>
<td>HLTREF501B</td>
<td>Work within a reflexology framework</td>
<td>27</td>
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<tr>
<td>Remedial Massage Clinic 1</td>
<td>*HLTAP501B</td>
<td>Analyse health information</td>
<td>56</td>
</tr>
<tr>
<td></td>
<td>*HLTREM502C</td>
<td>Provide remedial massage treatment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTREM503C</td>
<td>Plan remedial massage treatment strategy</td>
<td></td>
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<td>*HLTREM504C</td>
<td>Apply remedial massage assessment framework</td>
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<tr>
<td></td>
<td>*HLTREM505C</td>
<td>Perform remedial massage health assessment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>HLTHIR501B</td>
<td>Maintain an effective health work environment</td>
<td></td>
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<td>Remedial Massage Clinic 2</td>
<td>*HLTREM502C</td>
<td>Provide remedial massage treatment</td>
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<td>*HLTREM503C</td>
<td>Plan remedial massage treatment strategy</td>
<td></td>
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<tr>
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<td>*HLTREM513B</td>
<td>Provide remedial massage treatment to athletes</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTREM510B</td>
<td>Provide specialised remedial massage treatment</td>
<td></td>
</tr>
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** Please note that professional accrediting bodies and individual health funds have differing recognition levels for qualifications studied via Distance Education. Please refer to their individual websites for up to date information.
What is aromatherapy?
Aromatherapy involves the holistic use of pure essential oils, extracted from a wide range of plants for wellbeing and in the treatment of disease. Essential oils have distinct properties and functions and can profoundly affect the body. Aromatherapists are trained in the use and application of these essential oils.

Entry requirements
To enter this course you will need to have:

- Completed NSW Higher School Certificate, or equivalent (if you are under the age of 18 years at course commencement you may be required to participate in an interview to assess your suitability for the course) or
- Be 21 years or over at course commencement.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:

- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure
The hours for each subject includes lectures, tutorials, seminars, demonstrations, supervised clinical practice and self-directed study.

Full-time students will complete this course in two study periods of 14 weeks duration excluding breaks. This will involve an average of 20 hours of on-campus tuition each week, or guided self study for distance education students. Please note that the actual hours of delivery may vary across study periods depending on the units of competency delivered and the clinical practice requirements for these units.

Assessment methods
Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

Clinical practice
Throughout your studies, you’ll be required to complete clinical practice. This is an integral part of the course and provides you with the experience of engaging with clients in a safe and supervised environment. Clinical practice hours can be obtained through the ACNT Student Clinic or an approved clinic site for distance education students.

Please note that prior to commencing any clinical practice you will be required to successfully complete HLTFA301C Apply first aid. This unit is delivered in your first study period.

See page 15 for more information about clinical practice and first aid requirements for distance education students.

Course outline

<table>
<thead>
<tr>
<th>Subject Name</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Anatomy &amp; Physiology</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>84</td>
</tr>
<tr>
<td>Aromatherapy Treatment</td>
<td>*HLTARO401B</td>
<td>Work within the aromatherapy framework</td>
<td>224</td>
</tr>
<tr>
<td></td>
<td>*HLTARO403B</td>
<td>Provide aromatherapy treatment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTARO402B</td>
<td>Plan aromatherapy treatment</td>
<td></td>
</tr>
<tr>
<td>Aromatherapy in Aging Populations</td>
<td>*CHCAC318B</td>
<td>Work effectively with older people</td>
<td></td>
</tr>
<tr>
<td>Clinic Operations</td>
<td>*HLTOHS300B</td>
<td>Contribute to OHS process</td>
<td>50</td>
</tr>
<tr>
<td></td>
<td>*HLTIN301C</td>
<td>Comply with infection control policies and procedures</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTCOM405C</td>
<td>Administer a practice</td>
<td></td>
</tr>
<tr>
<td>Aromatherapy Assessment and Referrals</td>
<td>*HLTARO405B</td>
<td>Apply aromatherapy assessment framework</td>
<td>56</td>
</tr>
<tr>
<td></td>
<td>*HLTARO406B</td>
<td>Perform aromatherapy health assessment</td>
<td></td>
</tr>
<tr>
<td></td>
<td>HLTARO408B</td>
<td>Use specific health terminology to communicate effectively</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTCOM406C</td>
<td>Make referrals to other health care professionals when appropriate</td>
<td></td>
</tr>
<tr>
<td>Communication Skills for Manual Therapists</td>
<td>*HLTCOM404C</td>
<td>Communicate effectively with clients</td>
<td>34</td>
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<tr>
<td></td>
<td>BSBWOR203A</td>
<td>Work effectively with others</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTHIR301B</td>
<td>Communicate and work effectively in health</td>
<td></td>
</tr>
<tr>
<td>First Aid</td>
<td>*HLTFA301C</td>
<td>Apply first aid</td>
<td>10</td>
</tr>
<tr>
<td>Aromatherapy Massage Treatment</td>
<td>*HLTARO408B</td>
<td>Provide aromatherapy massage treatment</td>
<td>62</td>
</tr>
<tr>
<td>Aromatherapy Clinic 1</td>
<td>*HLTAP401B</td>
<td>Confirm physical health status</td>
<td>56</td>
</tr>
<tr>
<td></td>
<td>*HLTA301C</td>
<td>Apply first aid</td>
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<td>*HLTARO403B</td>
<td>Provide aromatherapy treatment</td>
<td></td>
</tr>
<tr>
<td>Aromatherapy Clinic 2</td>
<td>*HLTOHS300B</td>
<td>Contribute to OH&amp;S process</td>
<td>56</td>
</tr>
<tr>
<td></td>
<td>*HLTHIR301B</td>
<td>Communicate and work effectively in health</td>
<td></td>
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What is aromatherapy?
Aromatherapy involves the holistic use of pure essential oils, extracted from a wide range of plants for wellbeing and in the treatment of disease.

Course overview
The HLT51407 Diploma of Aromatherapy continues to arouse the senses by teaching you how to use and apply oils in the external treatment of a wide range of common problems and disorders. Then you advance your training in areas like aromatherapy for the aged and infirm, pregnancy, labour and infancy. What’s more, you learn about advanced clinical application of essential oils and clinical aromatherapy modules dealing with aromatherapy treatment for different organ systems and advanced prescribing techniques.

Course outcome
As a graduate of this course, you can look forward to a career as an Aromatherapist or Clinical Aromatherapist.

Entry requirements
To enter this course you will need to have completed 12 pre-requisite units from the HLT42707 Certificate IV in Aromatherapy or equivalent.

Overseas students are required to demonstrate an English language proficiency of IELTS 5.5 (Academic) overall, with a minimum of 5.0 in each skill.

If you are interested in our distance learning options we recommend that you have:
- Access to a computer with high speed internet access;
- Access to video recording facilities;
- Discussed your clinic placement options with a Course and Careers Advisor prior to commencing the course; and
- Access to an independent professional who can provide exam supervision.
Course structure
The hours for each subject includes lectures, tutorials, seminars, demonstrations, supervised clinical practice and self directed study.

Full-time students will complete this course in one study period of 14 weeks duration excluding breaks. This will involve an average of 28.5 hours of on-campus tuition each week, or guided self study for distance education students.

Assessment methods
Courses are assessed through a range of methods – from written assignments to practical demonstrations. You will be assessed against each unit of competency within your course. Typically, you will have between two and four assessments for each subject. Demonstrating competency in completing key tasks and activities is a key element of your course.

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<td>HLTCOM503C</td>
<td>Manage a practice</td>
<td></td>
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<tr>
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<tr>
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<td>CHCORG428A</td>
<td>Reflect on and improve own professional practice</td>
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</tr>
<tr>
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<td>HLTAP501B</td>
<td>Analyse health information</td>
<td>42</td>
</tr>
<tr>
<td>Dietary Modification</td>
<td>HLTNUT610B</td>
<td>Provide basic dietary advice</td>
<td>50</td>
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<tr>
<td>Advanced Aromatherapy Treatments</td>
<td>*HLTARO509B</td>
<td>Plan a specialised aromatherapy treatment</td>
<td>84</td>
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<tr>
<td></td>
<td>*HLTARO510B</td>
<td>Monitor and evaluate aromatherapy treatments</td>
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<tr>
<td></td>
<td>*HLTARO511B</td>
<td>Provide specific aromatherapy assessment and care</td>
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<tr>
<td>Aromatherapy Research and Complementary Health Care</td>
<td>CHCPOL403B</td>
<td>Undertake research activities</td>
<td>84</td>
</tr>
<tr>
<td></td>
<td>HLTARO507B</td>
<td>Analyse and compare different complementary health modalities</td>
<td></td>
</tr>
<tr>
<td>Advanced Aromatherapy Clinic</td>
<td>*HLTAP501B</td>
<td>Analyse health information</td>
<td>54</td>
</tr>
<tr>
<td></td>
<td>*HLTARO509B</td>
<td>Plan a specialised aromatherapy treatment</td>
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<td>Monitor and evaluate aromatherapy treatments</td>
<td></td>
</tr>
<tr>
<td></td>
<td>*HLTARO511B</td>
<td>Provide specific aromatherapy assessment and care</td>
<td></td>
</tr>
<tr>
<td></td>
<td>HLTHU509C</td>
<td>Maintain personal health and awareness as a professional responsibility</td>
<td></td>
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ENGLISH LANGUAGE
ACNT DIRECT ENTRY PROGRAM
(INTERMEDIATE TO ADVANCED)

Why study the Direct Entry Program?
This program will enable you to build your academic and English skills to succeed in the health and wellness program. Learn to refine your research and referencing skills, become efficient in planning your study time and upgrade your skills in writing assignments. You will also learn how to be an effective member of a team, think critically and achieve the best assessment results.

An added advantage of this course is access to Learning and Academic Skills (LAS) support for your entire study duration at ACNT. Your LAS tutor will assist you to continue to improve your skills during your study, both in specialist academic skills classes and in bookable tutorials. This service aims to significantly improve your assessment grades.

Industry focused content
This is a unique type of program in Australia. You will not only improve your English within the subject area you are interested in, you will also build up a foundation of knowledge and vocabulary that will help you to succeed in your chosen program.

Assessment methods
Assessment is continuous and includes:
- Weekly and monthly tests
- Written assignments, homework projects, self and peer assessment of group work.

Final assessment is made on the basis of:
- Learners’ performance
- Written and oral assignments
- Targeted tests
- Overall participation in class.

You must complete all set tasks and submit original work in order to pass. Your failure or success in passing the course is determined not only by percentage marks but mainly by your overall progress and effort put into the course.

Assessment relates to individual learners’ strengths and weaknesses or what each learner can do. Your achievement and progress are assessed and reported against course goals and criteria and not in comparison to other students.

ACNT Direct Entry Program
(Intermediate to Advanced)
CRICOS Course Code: 070570G
Location: Sydney

Study options
Overseas Students: Full-time on-campus

Course Duration
(Certificate - Diploma students):
IELTS 4.5 entry* - 15 weeks full-time (including breaks) or IELTS 5.0 entry* - 10 weeks full-time (including breaks)

Course Duration
(Advanced Diploma students):
IELTS 5.0 entry** - 15 weeks full-time (including breaks) or IELTS 5.5 entry** - 10 weeks full-time (including breaks)

*The duration of the program you are eligible for will be based on your IELTS level upon commencement of this program. The exit level for both programs is IELTS 5.5.

**The duration of the program you are eligible for will be based on your IELTS level upon commencement of this program. The exit level for both programs is IELTS 6.0.
WHAT OUR GRADUATES HAVE TO SAY

Kylie Seaton always looks forward to a rewarding day’s work. “It’s humbling and inspiring, and I’m blessed on a daily basis to be given the opportunity to work in this way”, she says.

Kylie has her own practice based in Potts Point. There, she works as both a Naturopath and Homoeopath, alongside an osteopath and acupuncturist.

What inspired Kylie to study at ACNT was her passion to help others. “I wanted the opportunity to heal those diagnosed with terminal illness, and help heal through insight and wisdom.”

Three years on from graduating, Kylie believes that the naturopathic and homoeopathy professions provide an excellent grounding in the healing arts. And thanks to this solid foundation, she believes, “my clinical practice is free to evolve and develop in a dynamic and organic way”.

Having graduated with a handful of ACNT qualifications, Kylie is keen to grow her clinical business even further.

ACNT was her education provider of choice for many reasons. “It offered the Degree upgrade, the program was more professional than what other colleges were offering, and the student services team were very supportive.”

Kylie offers encouraging words of advice for prospective students, “immerse yourself 100 percent in learning, have an inquisitive mind, listen, and absorb. But most of all, start work on yourself – then you can truly become a healer.”

Donald Campbell
Massage Therapist and Company Director
Zenith Wellbeing
ACNT Graduate

After working in the IT industry for 15 years, Donald Campbell decided to leave his UK home and head for the sunny shores of Australia. His goal was to work in the natural therapies field and to live a more holistic and less stressful life.

“The quality of life in Australia really appealed to me, as did the opportunity to start a fresh career path in natural therapies. Basically, I wanted to love what I did for a living and have more time to enjoy life.”

Donald chose to embark on his new career direction at the Australasian College of Natural Therapies. He explains, “the college has a very good reputation, both for the curriculum and the high calibre of teachers. I quickly found that the staff support network was outstanding, and the training I received was perfectly aligned to ‘real world’ application.”

Studying a number of different disciplines over his two years at ACNT, Donald graduated in 2006/07, ready to unleash his skills and passion as a professional massage therapist. Impressively, he has already set up his own business where he is both a massage therapist and Company Director.

“I run the company with two friends and there are three parts to the business - art, interiors and well being. The latter is the part that I look after, offering professional clinic based or mobile massage services,” he enthuses.

For now, Donald is more than happy building up the business and enjoying the Australian way of life. However, he hasn’t ruled out further study at ACNT in the future to expand his qualifications.

In the meantime, Donald is keen to offer advice and encouragement to those embarking on an ACNT course.

“Study hard, enjoy the journey and really listen to the insight and knowledge the teachers at ACNT offer. They are amazingly supportive and are there to help you every step of the way. Most importantly, be passionate about this exciting and rewarding industry!”

Indeed, Donald is definitely someone who is passionate about his new direction in life, and is a shining example of how far an ACNT qualification can take you.
HOW TO APPLY AND ADDITIONAL INFORMATION FOR AUSTRALIAN STUDENTS

Start your new career in health and wellness today

There’s a huge amount of choice, so it’s important to be clear about your aspirations and what you would like to achieve. This section provides a useful guide to getting started for Australian and overseas students.

How do I apply?
Complete the application form and send it to us along with academic transcripts and any additional documentation (e.g. your high school results, resume and references if applicable). Once we receive your application, we will contact you.

Remember, if you have any questions, feel free to talk to a Course and Careers Advisor to make sure the chosen course is a right match for your career ambitions.

Entry requirements
Please refer to the individual course pages for entry requirements.

Key intake and term dates
Our key intakes, term dates and tuition fees are published in the ACNT and ANCB Schedule of Fees and Dates. This is available from your Course and Careers Advisor or at www.acnt.edu.au.

Course credits
Recognition of related academic achievements and informal learning for course credit are available. Certified testamurs and transcripts are required from recognised institutions. Contact your Course and Careers Advisor or Agent for an application form and details on the process.

What additional information and application details apply to me?

Australian students
You are considered an Australian student if you are:
- An Australian citizen; or
- An Australian permanent resident; or
- A New Zealand citizen.

Overseas students
If none of the Australian student criteria above applies to you, then you are considered an overseas student. Please see details under ‘additional information for overseas students’ in the next section.

Additional information for Australian students

Study now and pay later
Eligible students now have access to the Australian Government’s VET FEE-HELP loan scheme for ACNT’s Diploma and Advanced Diploma Vocational Education qualifications listed below.

VET FEE-HELP can assist you in paying for all, or part of, your tuition fees. Repayments commence via the tax system once your income rises above a minimum threshold ($47,193 in 2011-12).

Australasian College of Natural Therapies, as a trading division of Think: Colleges Pty Ltd has the following qualifications enabled for VET FEE-HELP:
- HLT51407 Diploma of Aromatherapy
- HLT60607 Advanced Diploma of Homoeopathy
- HLT60507 Advanced Diploma of Naturopathy
- HLT61007 Advanced Diploma of Nutritional Medicine
- HLT50307 Diploma of Remedial Massage
- HLT60107 Advanced Diploma of Western Herbal Medicine

School-aged dependents
School-aged dependents accompanying you to Australia are required to pay full fees if they are enrolled in either a government or non-government school.

Accommodation
There are many options for student accommodation in Sydney and Brisbane. These range from living with a family in homestay accommodation to student residences, shared apartments, or living on your own.

Homestay accommodation - Sydney
Homestay offers students the opportunity to live with an English speaking family. This is a great way for international students to practice their English language skills and learn more about local culture and customs. For details on our approved homestay providers please visit www.think.edu.au/international.

Apartment living
Many students share apartments or live on their own. It is recommended that students plan to be in Sydney or Brisbane early in order to visit apartments and meet potential flatmates before making a commitment. You may like to book into a hostel for your first few days and then look for share accommodation with others.

Overseas students under 18 guardianship and welfare
Overseas students under 18 years old studying in Australia must live with a home stay, parent, or relative. ACNT has established review and approval processes to help ensure accommodation arrangements are appropriate for overseas students.

Education Agents
For a list of our education agents see think.edu.au/our-partners/international-agents.

Toll free numbers
ACNT can be called toll free from some countries. Please note that course advisors are available 8:30am - 5:00pm Australian Eastern Standard Time (AEST), Monday to Friday.

USA 1 866 257 3290
UK 0800 028 9931
New Zealand 0800 446 589

From other countries please call +61 2 9218 8888 (call charges apply) or email overseas@acnt.edu.au.
THINK: PARTNERS

AUSTRALASIAN COLLEGE OF NATURAL THERAPIES

BILLY BLUE COLLEGE OF DESIGN

WILLIAM BLUE COLLEGE OF HOSPITALITY MANAGEMENT

CATC DESIGN SCHOOL

JANSEN NEWMAN INSTITUTE

APM COLLEGE OF BUSINESS AND COMMUNICATION

Australian National College of Beauty

SOUTHERN SCHOOL OF NATURAL THERAPIES

Think: Education Group is distinguished by its commitment to providing innovative, industry relevant degree and vocational courses at the highest levels. This not only provides students with a guarantee of quality but also a unique learning experience that sets them apart from other college and university graduates.

Australasian College of Natural Therapies is a trading name of Think: Colleges Pty Ltd, a private Higher Education Institution accredited by the New South Wales Department of Education and Training (DET) and a registered training organisation with national qualifications and courses accredited by the Australian Skills Quality Authority (ASQA). ASQA is the only national accreditation authority for the State of New South Wales authorised via the National Vocational Education and Training Regulator Act (2011) and related legislation to accredit private providers of vocational education and training. All accredited qualifications undertaken by overseas and domestic students are awarded by Think: Colleges Pty Ltd (RTO No 0269, CRICOS Provider Code NSW 00246M, QLD 03107J, VIC 03252M). All degrees, diplomas and advanced diplomas and the accredited certificates issued by the College are recognised within the Australian Qualifications Framework (AQF). Currently the College is subject to periodic audits by the Australian Universities Quality Agency and ASQA.

Workshops, seminars, and short courses offered by the College are not recognised within the Australian Qualifications Framework and they are not accredited by NSW DET or ASQA. These are developed by the College in consultation with industry in order to meet industry needs.
Contact
If you would like more information on any of the material presented in this brochure, please visit our website or contact one of our Course and Careers Advisers.

Australasian College
of Natural Therapies
Sydney Campus
57 Foveaux Street,
Surry Hills, NSW Australia 2060
Phone (Australia): 1300 017 267
Phone (overseas): +61 2 8588 4702
Fax: +61 2 99957 1811

Brisbane Campus
10 Costin Street
Fortitude Valley, QLD 4006
Phone (Australia): 1300 017 267
Phone (overseas): +61 2 8588 4702
Fax: +61 2 99957 1811

enquiries@acnt.edu.au
www.acnt.edu.au

Think: Colleges Pty Ltd, ABN 93 050 049 299
trading as Australasian College of Natural Therapies
RTO No. 0260, CRICOS Provider Code: NSW 00246M, QLD 031073.

Information provided in this brochure is current at the date of publication, and may be subject to change.
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